

Get in the Game Week 2 | Work Hard On And Off The Field

Next Steps Follow Up: Have you found the right team to volunteer with at 2142? If you did not, please consider filling out a connect card this weekend at 2142.

Big Idea: Being disciplined in the little things leads to success in the big things.

Ice Breaker: What is the most difficult habit you've ever had to start or stop?

Scripture: Read Philippians 3:12-14

1. In what areas of your life (work, family, exercise, etc...) would you say you have developed healthy disciplines?
2. We are given new identities because of what Jesus accomplished on the cross. According to Philippians, what is our role in the change that happens when we become a new creation in Him?

Scripture: Read Romans 8:15-12

3. Even though the Bible tells us that as Christ-followers we are no longer controlled by our sinful nature, we at times fall back into our old ways. What is it about unhealthy behaviors and habits that keep drawing us back?
4. We admire people with impressive self-discipline because it requires denying things we desire. According to these verses, what is involved in getting good at discipline and what are some things you think distinguishes spirit-discipline from self-discipline.
5. Paul reminded the Romans that the Spirit that lives in us is the same Spirit that raised Jesus from the dead. What difference does this make when we think about living disciplined lives?

Scripture: Read Galatians 5:22-25

6. Discuss the spiritual disciplines you have successfully built into the rhythm of your life. In what ways do each of those disciplines help you keep in step with the Spirit?

7. What spiritual disciplines are you still trying to improve in or want to add to your rhythm of your life that will produce spiritual fruits?

Next Steps: Share with the group one small thing you can start doing now that will lead to developing a consistent spiritual discipline.