

Marriage with Benefits | Communication

Next Steps Review: Did you establish your personal rules for fighting? Summarize them for your group.

Ice Breaker: What foreign language did you study in high school? What do you still remember that you can demonstrate for your group?

This Week's Big Idea: What is said isn't always what is heard. From love, needs, and desires, how we communicate in relationships set us up for ultimate success.

What do you remember most, or what stuck with you from the weekend's teaching?

Scripture: 1 Chronicles 19|1-4

1. Share a story of a time when you and someone else were NOT on the same page.
2. Was it David's fault that his intentions were misinterpreted? What led to the miscommunication?
3. In your experience, what are some keys you have identified that can help prevent miscommunication in relationships?

Scripture: Proverbs 15|1

4. When is an instance when someone's tone or body language spoke louder to you than their words?
5. In our communications with others, how does the manner (tone, body language) in which we communicate affect how it is received?
6. Do you feel your words and non-verbals are consistent with each other when you communicate? How do we become more consistent?

Scripture: Philippians 2|3-4

7. In the teaching we learned that there are five languages by which we express and experience love: gifts, quality time, words of affirmation, acts of service, and physical touch. Which is your dominant language?
8. How is choosing to communicate in the "Love Language" of another person a form of expressing love?

Next Steps: Identify the "Love Language" of the important people in your life and find two opportunities this week to express love to them.