

cell phone agreement

PARENT + STUDENT

With great power comes great responsibility. **SPIDER-MAN**

A cell phone can be a wonderful thing. We want you to be able to stay in touch with family, friends, and your church community! We also know that cell phones can tempt us to talk, act, or think in ways that don't honor God. Let's commit to using our phones in a way that honors God and each other.

FOR STUDENTS

I promise I will do my best to:

- Use my phone for good. I can be a friend, encourage others, and share my faith.
I will try to avoid gossip and not use words that are discouraging, rude, or "unwholesome."
MATTHEW 5|16, EPHESIANS 4|29, 4|32
- Guard my eyes and heart. I understand pornography is real and easily available.
I will not look at things that I wouldn't want a parent or a pastor to see. During the night,
I will leave my phone _____.
PHILIPPIANS 4|8
- Never send or post a photo or video of someone (including my parents and siblings)
without their permission. I'll also be very careful with video calls.
LUKE 6|31
- NOT send inappropriate photos or videos of myself to anyone. If someone sends an inappropriate
photo or video to me, I will take my phone directly to a parent without replying to the message.
1 CORINTHIANS 6|19-20
- Understand that nothing on my phone is secret or private. My parents can look through
any and all of my messages and phone content as they just want to keep me safe.
My parents may also deny my requests to download certain apps.
HEBREWS 13|17 + 10|23-24
- NOT be on my phone so much that I ignore the people around me. I know God
wants me to be a good friend and show love to those around me.
JOHN 15|12, EPHESIANS 5|1-2
- Continue to study and learn about God and His Word so that I can recognize what is
true and how God wants me to live. I understand there will be a lot of advice that goes
against what God wants for me.
2 TIMOTHY 3|16-17, ROMANS 12|2
- Understand that God offers forgiveness and grace. I won't be afraid to talk to
a parent or pastor if/when this contract is broken.
1 JOHN 1|9, EPHESIANS 4|32

STUDENT SIGNATURE _____ DATE _____

FOR PARENTS

I promise I will do my best to:

- Go over these guidelines with my student and make sure my student understands them
- Always make time to talk to my student about any concerns he/she has related to their phone use.
- Be a good example for my student and never text and drive.
- Keep my student accountable by regularly checking their phone.
HEBREWS 12|10
- Understand that my student may break this contract—potentially multiple times.
I commit to help my student and show grace and love.
PSALMS 103|13 + 1 JOHN 4|18
- Love my student unconditionally, as an example of how God loves us.
ROMANS 5|8, 1 CORINTHIANS 13|4-7, 1 JOHN 3|16

PARENT SIGNATURE _____ DATE _____