

LEADER GUIDE | WEEK TWO

Peace: Calm in the Chaos | **Family** | week of **January 14**

INTRODUCTION TO THE LESSON

As 2024 begins, this series aims to remind us of the peace that Jesus brings that helps sustain us through the chaos and struggles of life. While there will be times when God rescues us from the chaos, more often He guides us through it and shows us what peace looks like in the midst of it.

something new for this series

After spending time as a group reading + discussing the scripture passages, you will give 2-5 minutes of silence for your group to individually process what God has been revealing to them through the passages and what next steps He is calling them to take. Afterward, encourage them to share how they will apply what God showed them during our discussion today. This will be something you will do for the next five weeks of this series- so follow up each week by asking how well they did applying what they learned in their lives.

ICE BREAKER AND THIS WEEK'S BIG IDEA

Use these questions to start your group's discussion by talking about their families and recapping the weekend teaching.

SCRIPTURE AND DISCUSSION QUESTIONS

Your group will study Paul's instructions to families from Ephesians 5|22-6|4. After reading the passage in two different translations, have two volunteers from the group summarize what was read. Guide them to not try to tell it perfectly from memory but to focus on getting the ideas in simple and accessible terms that the people around you would understand. Have the group note the different ways each person brings out a new dimension of the passage and appreciate the different perspectives.

Then, using the text, talk as a group about what this passage teaches us about God, Jesus, His character, and/or His plan. What is God's design for family and what does that reveal about Him? How does following God's plan for family bring peace into our lives? Encourage your group to share who they relate to most in the passage and why and then spend time in silence allowing each person to lean into how God is directing their next step. Challenge the group to share back how they will apply what God showed them during your discussion.

a potential question you may be wondering about...

"What if we don't have 'families' in our group? Is this lesson still applicable?"

As 2 Timothy 3|16-17 reminds us, yes! All Scripture is useful in equipping us for the good work God has for us. But also, each of us comes from a family. We may not be married yet or parents yet or have passed those seasons by, but we learn more about God through the way He teaches us to be parents, children, and married. Encourage those in your group who feel like this "doesn't apply to them right now" to look for ways that God is revealing Himself to them through this passage and how it challenges them to walk in greater obedience to submitting their lives to His Lordship.

NEXT STEP TOOLS

Encourage your group to look through the [Family Next Steps Exercise](#) on their own sometime this week. This is a helpful tool for families to do together to challenge them in helping prioritize the gospel as the center of their lives.

PRAYER

Pray as a group for each person in a focused way to:

- Experience God's peace throughout their week
- Support each person as they take the next step God revealed to them.
- Share with others how they are experiencing peace.

EXTRA INFO TO SHARE WITH YOUR GROUP

STEP ONE | Invite those newer to your group or newer to 2|42 to attend the next Step One class at your campus. They can learn more and RSVP at 242community.com/stepone

LEADERSHIP COMMUNITY | RSVP to attend Leadership Community at 242community.com/leadership-community

NIGHT TO SHINE | Help make this night special for our guests! Learn more + [sign up](#) to volunteer.

KIDS + STUDENTS CAMPS | Sign-ups are open now for [summer camps!](#)

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ICE BREAKER QUESTION

What is something quirky about your family?

THIS WEEK'S BIG IDEA

Peace comes when the Gospel is the centering point of our families.

What stuck out to you from the weekend teaching?

SCRIPTURE + DISCUSSION QUESTIONS

Read Ephesians 5|22-6|4 in two different Bible translations

1. After you've read the passage, have 2 different group members summarize what was read.
2. What does this passage teach us about God, Jesus, His character, or His plan?
3. What does this passage teach us about people in general?
4. Which "family member" do you relate to in this passage? What about them do you resonate with?
5. How would you like to see peace increase in your family?

Reread Ephesians 5|22-6|4 aloud and then take 2-5 minutes of silence for everyone to quiet their hearts, reflect on what they have heard, listen to God, and think about the next steps He has for them: Is there Sin to confess or avoid? A Promise to hold onto? An Example to follow? Or a Command to obey?

6. Share with the group how you will apply what God showed you during our discussion today.

NEXT STEP TOOLS

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